

Course description

Child and adolescent assessment

Aim of the course

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The course provides an introduction into theory and practice of assessment of child and adolescent mental disorders. Objectives of the course are to provide clear guidelines for using various assessment methods for specific mental disorders in children and adolescents, and to emphasize basic skills of assessment.

Learning outcome, competence

knowledge:

- Theoretical underpinnings of child and adolescent assessment
- Ethical guidelines of assessment
- Methods of child and adolescent assessment
- Guidelines for assessment of specific mental disorders in children and adolescents
- Planning the evaluation, interpreting findings and report writing

attitude:

- Respect of patients and caregivers
- Considering ethical standards and patient's rights
- Using current findings of evidence-based research and scientific standards in evaluating childhood mental disorders

skills:

- The student will be able to view childhood mental disorders in a complex bio-psycho-social model
- to use current findings of evidence-based research and scientific standards in evaluating childhood mental disorders
- To build a rapport
- To generate a diagnostic hypothesis according to DSM-5
- To plan the evaluation based on the clinical question
- To use the most commonly used assessment methods adequately in different age-groups
- To integrate findings and to write a report

Content of the course

Topics of the course

- *Basics of assessment: clinical question, planning the evaluation, rapport building, moderators of assessment*
- *Interview techniques, history taking*
- *Structured interviews*
- *Behavioural observation methods*
- *Behavioural assessment, cognitive assessment*
- *Using rating scales in child and adolescent assessment*
- *Ethical considerations, patient's rights*
- *Projective techniques*
- *Achievement tests*
- *Report writing*

Learning activities, learning methods

- Lecture
- Project
- Individual testing and evaluation
- Casework (video demonstration, role-play, overview of findings)

Evaluation of outcomes

Learning requirements, mode of evaluation, criteria of evaluation:

- Oral/written examination
- Case study

Mode of evaluation: practical mark (5-grade).

Criteria of evaluation: Detailed theoretical and empirical knowledge about the assessment process in children and adolescents

Reading list

Compulsory reading list

- Frick, P.J. et al (2010): Clinical Assessment of Child and Adolescent Personality and Behavior. Springer Science and Business Media, LLC.,