**Tiltle of the course:** Psychopathology

**Course code:** PSZM21-CH-102

**Head of the course:** Schmelowszky Ágoston

**Academic degree:** PhD

**Position:** Habil. associate professor

**MAB Status:** A (T)

**Az oktatás célja angolul**

Aim of the course

The aim of this course is to provide an introduction to the major psychological disorders from a theoretically and scientifically based aspect. Psychological theories and models of formation, manifestation, and the dynamics of mental disorders will be discussed. The students will be trained to recognize the different types of mental disorders and to identify the underlying causes. There will be a special focus on different diagnostics systems (ICD, DSM-5) of mental disorders and the psychoanalytic, behavioural and cognitive theories related to mental disorders. The most serious mental disorders, that is, schizophrenia, personality disorders, organic syndromes, psychosis, anxiety and mood disorders are particularly emphasized. Diagnostic and treatment possibilities will also be discussed, and a special emphasis will be on various psychotherapeutic modalities. During the course the students will be provided with case-studies including a description of symptoms and etiological ideas of the formation of the disorders.

**Learning outcome, competences**

knowledge:

Concerning the biological and psychological basis of the most serious mental disorders.

Symptomatology of the main categories of mental disorders

Major categories of the current ICD and DSM manuals.

Different assessment tools to identify symptoms, cognitive functioning and general malfunction.

Major psychotherapeutic modalities.

attitude:

Respect of the patients and their relatives

Considering ethical standards of clinical evaluation

Viewing adult mental disorders in a complex biopsychosocial model

Using current findings of evidence-based research and scientific standards in evaluating adult mental disorders

skills:

Communication with patients Communication with relatives Communication with colleagues

autonomy, responsibility:

* Students are able to apply the acquired knowledge on their own in the context of psychopathological phenomenon.
* The acquired knowledge should be applied in accordance with the ethical guidelines of psychology.

**Az oktatás tartalma angolul**

Topics of the course

Process of diagnosis making

Basics of mental state examination

Psychopathology of mood and anxiety disorders, psychotic condition, dementia and cognitive disorders.

Personality and its disorders.

Classification systems used in psychiatry

Differential diagnosis and therapies of psychiatric conditions.

Learning activities, learning methods

Frontal lecture

**A számonkérés és értékelés rendszere angolul**

Evaluation of outcomes

Learning requirements, mode of evaluation, criteria of evaluation:

requirements

Written exam.

mode of evaluation:

a five-point grading scale

criteria of evaluation:

Accuracy of knowledge

**Idegen nyelven történő indítás esetén az adott idegen nyelvű irodalom:**

Compulsory reading list

1. Sadock BJ et al. (edit) (2009). Kaplan and Sadock’s Concise Textbook of Clinical Psychiatry.

LWW. Section 8: Clinical manifestations of psychiatric disorders

2.American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders, 5th Edition: DSM-5

Recommended reading list

Blumenfield, M., & Strain, J. J. (Eds.). (2006). *Psychosomatic medicine.* Philadelphia, PA:

Lippincott Williams & Wilkins.

Gabbard GO (2014). Psychodynamic Psychiatry in Clinical Practice. Washington, GC, London, England. American Psychiatric Publishing.

**Course-specific information (specific to a given lecture or seminar)**

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| **General data** |

**Specific (sub)title of the course (if relevant):**

**Specific (sub)code of the course (if relevant):**

**Date and place of the course:**

**Name of the lecturer:**

**Department of the lecturer:**

**Email of the lecturer:**

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| **Specific syllabus/schedule of the lecture/seminar (if relevant)** |

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| **Further specific information (eg. requirements) (if relevant)** |